

# FULL BLOOM (4 years old- pre-k)

WEEK 2

## **BIG IDEA**

Jesus understands when we're hurting.

## **BIBLE**

Jesus Prays in Gethsemane: Matthew 26:36-46

## **ABOUT THIS WEEK**

To keep a garden growing strong and healthy, you'll need to pull up the weeds that can harm the other plants and keep them from growing. This week, we'll hear about how Jesus prayed in the garden of Gethsemane before being arrested. We'll see that we can go to Jesus whenever we feel hurt because Jesus understands when we're hurting.

## *Welcome Time!*

ACTIVITY | First Aid Kit Relay

### **CHECK IN:** Loren

*Greet each preschooler animatedly as they arrive and help them feel welcome and secure. Parents will feel more assured leaving their little ones, and it will help preschoolers to connect with you.*

### **Bracelets:** Aislin

### **SOUND:** Kevin

### **ACTIVITY:** Ella

- **INSTRUCTIONS:** *For this activity, prepare two large stuffed animals with red dot stickers all over them to make different "hurts." To play, put kids into two teams and give each team member a small piece of painter's tape to represent a bandaid. Have one kid from each team run over to their team's stuffed animal, cover up one of the dots, and tag the next player. Keep going until all the dots are covered up, and every kid has had at least one turn.*
  - **TODDLER HACK:** *Do this game in reverse with toddlers. Cover stuffed animals with painter's tape strips and allow toddlers to remove them. You could even have them kiss the "boo boo" and say, "All better!" as they remove each "bandaid."*
- **Do you use a bandaid when you get hurt? Does it help you feel better?**
- Just like adults who love you will always make sure you have what you need, like a bandaid or medicine to help you when you are hurt or sick, Jesus knows when you are hurting, too. Jesus felt what we feel, and we will see what he did when he was hurting in our story today.

### **WELCOME AND RULES:** Aislin

1. Put Up
2. Sit Up
3. Look Up
4. Zip Up

5. Have Fun!

**Any Memory Verse Charts from last week?:** Bree/Natalie

**If yes, bring them on stage for a picture and then remember when parents come, they can pick out a toy from the treasure chest.**

**TITHES/OFFERINGS:** Bree/Natalie

**Books of the Bible:** Aislin- introduce the new testament- Philemon

**Kevin:** please skip the old testament

**WORSHIP:** Ella

**1. I can count on God**

**2. Stand Strong**

## Story Time

BIG IDEA | Jesus understands when we're hurting. - Loren

- **INSTRUCTIONS:** *introduce the big idea*
- Let's see what Big Idea we dug up today!
  - **Jesus** (*Right pointer finger on left palm to left pointer finger on right palm.*)
  - **understands** (*Point to temple of forehead.*)
  - **when we're** (*Point to self.*)
  - **hurting.** (*Hug yourself around your abdomen.*)

SCRIPTURE | Jesus Prays in Gethsemane (Matthew 26:36-46)- Bree/Natalie

- **INSTRUCTIONS:** *Teach this Scripture passage by reading from a preschool-friendly Bible translation, Bible storybook, or using the talking points provided below.*
  - **TODDLER HACK:** *Toddlers are developing their speech, so it's a good opportunity to model for them how we talk to God. Say simple prayers throughout your time together –as you share about the Bible, before snacks, when someone gets hurt, and even as you laugh and play. Let toddlers hear how natural it can be to pray!*
- Let's close our eyes and imagine it's nighttime now, and the bugs are chirping all around us. Take a deep breath. It's so peaceful and calm here in our garden.
- In today's Bible story, Jesus and his friends were in a garden, too.
  - After they ate a meal together, Jesus and his friends came to a garden called Gethsemane. Jesus told his friends he was in a lot of pain and wanted to talk to God.
  - **Why was Jesus hurting?**
  - Jesus knew that soon, he would be taken away. Jesus would go through a lot of pain and would eventually die. He didn't do anything wrong, but it was part of God's plan to save the world.
- Jesus went to the garden to pray to God. He asked his friends to stay awake and wait for him.
  - When Jesus went back to his friends, he found them sleeping!
  - **How do you think Jesus felt?**
  - Jesus probably felt sad and alone. His closest friends did not stay up for him while he was hurting so much.
  - But Jesus woke them up and asked them to keep watch again. This happened over and

over, three times, and his friends kept falling asleep.

- Jesus was hurting in a big way. Soon, he would be hurting even more. Through it all, even though it hurt a lot, he followed God's plan because he loved the world so much. He knew God would be with him even when he was going through something really hard. Jesus promises to be with us whenever we are hurting, too!

Pray

**BUT GROW IN THE GRACE**

*(hand flat out in front of you and elevate above head)*

**AND KNOWLEDGE**

*(point to temples)*

**OF OUR LORD**

*(point up)*

**AND SAVIOR JESUS CHRIST.**

*(savior sign)*

**2 Peter 3:18a**

*(hands like a book)*

**Loren- Play transitional video and then release to small groups**

## Sharing Time

ACTIVITY | Circle Time

**Icebreaker-** Introduce yourself and get to know your small group kids

**Give out stickers for participation!**

**If children don't know the answer to a question, help by prompting them/giving hints or have them repeat the answer after you. ALWAYS use encouragement during small group time**

- **Where did Jesus go to talk to God in our Bible story?** *To the Garden of Gethsemane.*
- **Who did Jesus take with him to the garden?** *His friends, the disciples.*
- **What did Jesus ask his friends to do for him? Did they do it?** *Jesus asked them to stay awake. No, they kept falling asleep.*
- **Who understands when we are sad or hurt?** *Jesus.*
- Let's say the Big Idea together: **Jesus understands when we're hurting.**

Prayer

- **INSTRUCTIONS:** For this activity, preschoolers will be learning how to talk to God through prayer. Close out this time with a simple prayer kids can repeat after you, like "Thank you, God, for hearing us when we pray."
- In today's Bible story, we learned about the time Jesus prayed to God in the Garden of Gethsemane while he was feeling a lot of hurt. But that's not the only time he talked to God. He prayed all the time!
- We can talk to God anytime, too. Let's practice together.
- **Everyone stretch out your arms like you just woke up. What can you say to God when you first wake up?**
  - We might say, "Good morning, God! Thank you for this beautiful day!"
  - Or we could say, "Please help me get along with my friends today."
- **Now we're in the car. Pretend to put on your seatbelt. What can you talk to God about while you're in the car with your family?**
  - We could ask God to watch over us so we arrive safely.
  - We could thank God for each family member in the car with us.
- **It's mealtime. Grab your make-believe spoon and fork, and eat your imaginary food. What can you thank God for before you eat?**
  - We could say, "Thank you, God, for this delicious food!"
  - Or "Please take care of kids in the world who don't have enough food."
- **We just brushed our teeth, and now it's time for bed. Everyone lies down. What can you tell God about before you sleep?**
  - We could tell God about all the fun things we did today.
  - We could also talk to God about the times we felt angry or frustrated.
  - We could ask God to give us a good night's rest so we can be ready for a brand new day tomorrow.
- When you are happy, God knows. When you are sad, God knows. When you are surprised, God knows. When you are scared, God knows. And when you are hurting, God knows. Just like how **Jesus understands when we're hurting.**
  - **What do you want to say out loud to God right now?**
  - **What should we say "thank you" to God for today?**
- Dear God, thank you for your son, Jesus. Thank you for understanding us no matter what we are feeling, especially when we are sad and hurting. Amen.

MEMORY VERSE | 2 Peter 3:18a (NIV)

- **INSTRUCTIONS:** have kids repeat the verse after you in small chunks, say it using silly voices, or create simple hand motions for keywords. **give out stickers for participation.**
- **"But grow in the grace and knowledge of our Lord and Savior Jesus Christ."**

**BUT GROW IN THE GRACE**

*(hand flat out in front of you and elevate above head)*

**AND KNOWLEDGE**

*(point to temples)*

**OF OUR LORD**

*(point up)*

**AND SAVIOR JESUS CHRIST.**

*(savior sign)*

**2 Peter 3:18a**

*(hands like a book)*

## Play Time

### ACTIVITY | Coloring Page

- **INSTRUCTIONS:** Print and distribute [the coloring page](#) along with crayons or markers. You can review today's Bible story, Big Idea, and memory verse as the kids color.

**Discuss with kids as they color about the bible story, memory verse and big idea. Remember, repetition is key :)**

### ACTIVITY | Block Garden

**Loren- Gather all the kids on the rug after small groups, after everyone have Aislin lead the activity**

- **INSTRUCTIONS:** Provide a large bin of LEGO DUPLO blocks or Mega Bloks a free-play activity

**PICK UP:** Loren and Bree/Natalie-Call names, Check Tags and Parent Handouts

**RUNNER:** Kevin (Help direct kids to their parents)

**\* Everyone else- please sit with kids as names are called**

**\*After kids are picked up, please clean up and wipe down tables and chairs :)**